

# **The Lean Belly Prescription: The Fast And Foolproof Diet & Weight Loss Plan From America's Top Urgent-Care Doctor (Hardback) - Common By With Peter Moore By (author) Travis Stork**

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WebMD Feature Archive. Having belly fat and a "muffin top" around the waist is common -- and it can be unhealthy. Follow the advice in The Lean Belly Prescription

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The Lean Belly Prescription: The fast and foolproof diet & weight-loss plan from America's favorite E.R. doctor eBook: Travis Stork MD, Peter Moore: Amazon.co.uk

**Lean Belly Prescription | Men's Health -**

Travis Stork, M.D., host of TV s The Doctors, and Peter Moore, editor of Men s Health, wrote The Lean Belly Prescription for a simple, scary reason: belly fat kills.

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