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Lean Belly Prescription | Men's Health -

Travis Stork, M.D., host of TV s The Doctors, and Peter Moore, editor of Men s Health, wrote The Lean Belly Prescription for a simple, scary reason: belly fat kills.

The Lean Belly Prescription: Diet Review -

Kathleen Zelman, MPH, RD, reviews The Lean Belly Prescription by Travis Stork, MD.

Lean Belly Prescription - Diet Blog -

In The Lean Belly Prescription by Dr Travis Stork, the urgent-care physician focuses on methods of losing visceral fat - adipose tissue that surrounds internal organs.

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